Nitroglycerin or Diltiazem Ointment for the Treatment of Anal Fissures

Nitroglycerin and diltiazem ointment can be used as a medical treatment for anal fissure. The ointment does not come in the strength recommended for the treatment. Therefore, it will be necessary to be formulated by your pharmacist.

Apply a **very small amount** (the size of a pencil eraser) of the ointment next to the anal opening (**not inside the anus**) two times a day. You **must** wash your fingers after every application.

If you experience headache, lightheadedness or dizziness, you must **IMMEDIATELY** remove the ointment from the anal opening. **STOP** any further usage and notify the office for further instructions.

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